

APRIL 2026



Boulevard Heights Community Center
6770 Garfield St. Hollywood, FL 33024
To register for our Upcoming Events, Trips &
Lunch call 954-371-5631 or 954-665-1226

In Collaboration with our Community Partners,
we are Grateful for their Ongoing Support



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
**Please Note Due to unforeseen circumstances, the Calendar may be subject to Change. We appreciate your understanding **		8-9am Social Hour 9am Live Cardio Exercise 10:15am – Arts & Crafts interactive socialization & engaging group games 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	8-9am Social Hour 9am Resistance Bands & Coordinated Movement 10:15am Arts & Crafts interactive socialization 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	Home Visits CEC and Off-Site Senior Activities
6	7	8	9	10
8-9am Social Hour 9am Light Weights & Cardio Exercise 10:15am SFCE Music Therapeutic instrumental 11:15am Nutritious Lunch 1pm Program Dismissal	8-9am Social Hour 9am- Resistance Bands 10:15am UF/IFAS Nutritional Education 10:30am VITAS-English Bereavement Group 11:15am Nutritious Lunch 1pm-2pm Program	8-9am Social Hour 10am Art Exhibition – Art is an Expression of Self Interactive Social Fun 11:15am Nutritious Lunch 1pm-2pm Dismissal	Miami Marlins vs Cincinnati Reds 	Home Visits CEC and Off-Site Senior Activities
13	14	15	16	17
8-9am Social Hour 9am Light Weights & Cardio Exercise 10:15am Cognitive Table Top Games – Social 10:30am VITALS- COH 11:15am Nutritious Lunch 1pm Program Dismissal	8-9am Social Hour 9am- Resistance Bands Stretching & Strengthening 10:15am Diabetes informative presentation 11:15am Nutritious Lunch 1pm Program Dismissal	8-9am Social Hour 9am Live Cardio Exercise 10:15am Art & Culture Rhythm and Body coordination - COH 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	8-9am Social Hour 10:15am Resistance Bands & Coordinated Movement 11:30am Spring Bingo Fun interactive socialization fun 12:30pm Nutritious Lunch 2pm Program Dismissal	Home Visits CEC and Off-Site Senior Activities
20	21	22	23	24
8-9am Social Hour 9am Light Weights & Cardio Exercise 10:15am Spring Bingo 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	Hollywood Beach Weather Permitting 	8-9am Social Hour 9am Live Zumba Gold 10:15am Resetting your Body - Presentation 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	8-9am Social Hour 9am Resistance Bands & Coordinated Movement 10:15am – Long Term Care presentation 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	Home Visits CEC and Off-Site Senior Activities
27	28	29	30	
8-9am Social Hour 9am Light Weights & Cardio Exercise 10:15am Nutrition Talks Discussion 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	8-9am Social Hour 9am Resistance Bands Stretching & Strengthening 10:15am Coast to Coast Legal Aid - Presentation 11:15am Nutritious Lunch 1pm-2pm Program Dismissal	John Williams Park Weather Permitting 	8-9am Social Hour 9am Resistance Bands & Coordinated Movement 10:15am Spring Bingo 10:30am- VITAS- Spanish Bereavement group 11:15am Nutritious Lunch 1pm-2pm Program	